

BIHS Annual Scientific Meeting 2025

29-30 September

Churchill College, Cambridge

Programme

Monday 29 September 2025

Main Sessions

9.30am-11am

Session 1: Top ranked EMCR abstracts (Mark Glover award)

- Opening Address
- Abstracts
- Visiting Prize Winner' Abstract

11am-11.30am

Exhibition, Posters and Refreshments

11.30am-12.45pm

Session 2: Genetics of Hypertension

- Genetics of Hypertension – Where are we today?
- Applications and Utility of Blood Pressure Polygenic Risk Scores
- Genetic imputation of kidney transcriptome and proteome and their contribution to hypertension

12.45pm-2pm

Exhibition, Posters and Lunch

1pm-2pm

Lunchtime Symposiums

2pm-3.15pm

Session 3: Open Abstracts

- Abstract Presentations

3.15pm-3.35pm

Poster Presentations

- EMCR Poster Storm
- Stanley Peart Prize winner

3.30pm-5pm

Moderated Poster Session

Refreshments and Exhibition

5pm-6pm

Annual General Meeting (BIHS members only)

From 7pm

Drinks Reception and Conference Dinner

Parallel Sessions

11.30am-12.45pm

Parallel 1: EMCR

- Welcome: Why should you join the BIHS as an ECR?
- Research Opportunities in Hypertension: Navigating funding
- Dealing with career adversity: Not every career journey is an easy ride
- Hear from the BIHS President: Hypertension as a specialty
- Interactive Q&A Session

2pm-3.15pm

Parallel 2: Resistant Hypertension

- BIHS Guidelines
- Submitted case studies

Programme

Tuesday 30 September 2025

Main Sessions

Parallel Sessions

9.15am-10.30am

Session 4: Top ranked EMCR abstracts (Mark Glover award)

10.30am-11am

Exhibition, Posters and Refreshments

11am-12pm

Session 5: Blood pressure management in Frailty

- Management of blood pressure in patients with frailty
- Management of hypertension in patients with symptomatic postural hypotension
- Deprescribing antihypertensive medication in older adults

11am-12pm

Parallel 3: Open Abstracts

- Open Abstracts
- Visiting Prize Winner' Abstract

12.05pm-1pm

Sir George Pickering Lecture

1pm-2.15pm

Exhibition, Posters and Lunch

1.15pm-2.15pm

Lunchtime Symposiums

2.15pm-3.15pm

Session 6: Ethnicity and hypertension: Results from the AIMHY project

- Introduction to AIMHY
- AIMHY Mono Trial
- AIMHY Dual Trial

2.15pm-3.15pm

Parallel 4: Open Abstracts

3.15pm-3.45pm

Exhibition, Posters and Refreshments

3.45pm-4.45pm

Session 7: Latest research in hypertension

- A year in Hypertension
- New drugs for hypertension coming to market
- BiOmArkers in Urine, anTihypeRtensive trEAtment and blood pressure Control in Hypertensive patients – The OUTREACH Study

4.45pm-5pm

Prize Giving and Closing Remarks