

Patient Group		Clinic Target (as per NICE 2019/22)	HBPM Target
Hypertension* (with or without cardiovascular disease) and/or Type 2 diabetes	under 80 yrs	<140/90 mmHg	<135/85 mmHg
	over 80 yrs (Use clinical judgement for frailty / multimorbidity)	<150/90 mmHg	<145/85 mmHg
Type 1 diabetes	Standard Target (ACR <70mg/mmol)	<140/90 mmHg (target range 120–139 mmHg systolic)	<135/85 mmHg
	Proteinuria ACR ≥70mg/mmol	<130/80 mmHg (target range 120-129 mmHg systolic)	<125/75 mmHg
	over 80 yrs regardless of ACR (Use clinical judgement for frailty / multimorbidity)	<150/90 mmHg	<145/85 mmHg
Chronic Kidney Disease (stages 3-5)	ACR <70mg/mmol	<140/90 mmHg (target range 120–139 mmHg systolic)	<135/85 mmHg
	Proteinuria: ACR ≥70mg/mmol	<130/80 mmHg (target range 120-129 mmHg systolic)	<125/75 mmHg

*Hypertension without proteinuria regardless of co-morbid cardiovascular disease or Type 2 diabetes

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