



British and Irish Hypertension Society
Committed to preventing cardiovascular disease

British and Irish Hypertension Society Annual Report 2020



British and Irish Hypertension Society
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President's Report

28th September 2020



Una Martin



Key updates

- Annual Scientific Meeting
- Publications and Statements
- Online Educational programmes
- Delivery of Hypertension services in response to COVID-19
- Strategic direction
- Financial situation





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Treasurer's Report

28th September 2020



Christian Delles



Introduction

- Accounts & The Trustee's Report are available in the members section of the BIHS website
- Accounts & The Trustee's Report will be sent to the Charities Commission



Accounts: 2019 – Financial Activities

<u>Incoming resources</u>			
Donations	£318		
Activities	£110,641		
Interest	<u>£17,520</u>		
	£128,479		
<u>Resources expended</u>			
Charitable activities		£145,860	
Net gains on investments		£84,080	
Net incoming resources		£66,699	
Other gains or losses		(£2,081)	
Funds b/f		£554,514	
Funds c/f		£619,132	



Accounts: 2019 – Financial Activities

Fixed assets		£232
Current assets	£35,982	
Deposits	£574,635	
Cash	<u>£41,742</u>	
	£652,359	
Creditors/Liabilities	(£33,459)	
Net current assets		£618,900
Net assets		£619,132
Accumulated funds		£619,132



Bank Accounts

	Closing Balance 2019	As at 1 st September 2020
TSB Treasurers Account	£3,242	£6,646
COIF Charities Deposit Fund	£543,569	£542,606
TSB Interest Deposit	£31,066	£8,199
Bank of Scotland Business Account	£3,799	£12,709
Bank of Scotland Euro Account (converted to sterling as at exchange rate 31.12.2019 & 01.09.2020)	€40,999 £34,693	€40,511 £36,083
Total Assets	£616,369	£606,243



Summary of Finance 2015-2019

	2015	2016	2017	2018	2019
Income	£167,332	£159,914	£145,281	£135,179	£128,479
Expenditure	£175,050	£179,613	£180,544	£174,463	£145,860
Investment & foreign exchange gain (loss)	(£1,697)	£41,890	£35,416	(£14,055)	£84,080
Net Income profit (loss)	(£7,718)	£22,191	£153	(£52,931)	£64,618
Fund c/f	£585,101	£607,292	£607,445	£554,514	£619,132



BIHS INCOME 2015 -2019

	2015	2016	2017	2018	2019
Donations	£1,407	£24,545	£2,218	£3,349	£318
Membership	£15,230	£13,686	£12,317	£13,655	£13,405
Validation Studies	£11,000				
Educational Projects	£101,265	£70,540	£81,841	£84,873	£77,318
Derivative Devices	£8,000	£5,500	£5,500	£1,500	£2,000
OMRON	£15,000	£15,000	£15,000	£15,000	£17,000
PHFI		£15,000	£8,500		£918
Interest	£15,430	£15,643	£19,905	£16,802	£17,520
Total Income	£167,332	£159,914	£145,281	£135,179	£128,479



CCLA INVESTMENT MANAGEMENT LTD

CCLA INCOME 2016/2017/2018/2019/2020

- COIF income 2016 £16,003.35
- COIF income 2017 £16,317.56
- COIF income 2018 £16,673.64
- COIF income 2019 £16,987.85
- COIF income 2020 to date £8,546.30





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Secretary's Report

28th September 2020



Carmel McEniery



BIHS Membership

Since the last Business Meeting:

30 Non-renewals, 2 Resignations

Membership Applications:

21 new membership applications, since last ABM 18th Sept 2019

Current Members: 279

- 171 Ordinary/Senior
- 9 Associate Members
- 6 Honorary Fellows
- 28 Honorary Members
- 61 Fellows
- 5 Overseas Affiliate Members



BIHS Meeting Attendance Since 2011

2019: 180 – 102 members, 78 guests
2018: 182 – 113 members, 69 guests
2017: 183 – 109 members, 74 guests
2016: 151 – 95 members, 70 guests
2015: 178 – 115 members, 63 guests
2014: 240 – 167 members, 73 guests
2013: 172 – 105 members, 51 guests
2012: 160 – 97 members, 63 guests
2011: 209 – 120 members, 89 guests



BIHS Abstract Submissions since 2011

2020: 68 submissions (62 accepted – 19 orals, 43 posters)
2019: 64 submissions (61 accepted – 18 orals, 43 posters)
2018: 71 submissions (71 accepted – 17 orals, 54 posters)
2017: 67 submissions (67 accepted – 18 orals, 44 posters)
2016: 54 submissions (54 accepted – 20 orals, 33 posters)
2015: 56 submissions (55 accepted - 11 orals, 44 posters)
2014: 60 submissions (58 accepted – 19 orals, 40 posters)
2013: 43 submissions (41 accepted – 24 orals, 17 posters)
2012: 46 submissions (46 accepted – 27 orals, 19 posters)
2011: 59 submissions (52 accepted – 20 orals, 32 posters)





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Working Party Reports





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Guidelines & Information Service Working Party

Chair:

Francesco Cappuccio (Exec Rep)

Working Party Members:

Adrian Brady, Neil Poulter, Morris Brown, John Potter, Terry McCormack, Peter Sever,
Gordon McInnes, Wayne Sunman, Gary McVeigh, Bryan Williams, Michaela Nuttall (Nurse Rep)

Administration: Jackie Howarth



- **Strategic Review and Succession Planning**
 - A meeting planned for April to review the structure, remit and activities of the WP was cancelled due to the COVID-19 pandemic
 - Having led the Working Party for several years, Franco feels it is now time to step down and a new Chair is sought for the group
- **COVID-19 and Hypertension**
 - The WP published its response to the proposed withdrawal of ACEi and ARBs in treating patients with well controlled hypertension in BMJ Opinion and the Society has submitted a paper to JHH on this subject, currently awaiting publication
- **Journal of Human Hypertension (JHH)**
 - Several papers awaiting publication
 - BIHS is now considered to be a 'consortium' by JHH. This means that papers written on behalf of BIHS must be approved by the Editorial Panel and then submitted by the corresponding author
 - Abstracts from the 2020 ASM have been submitted for publication online. Future abstracts will be published online only.





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Blood Pressure Measurement Working Party

Chair:

Richard McManus

Working Party Members:

Neil Chapman, Chris Clark (Exec Rep), Phil Chowienczyk, Liz Denver (Nurse Rep), Peter Lacy,

Philip Lewis, Una Martin, Sinead McDonagh, Annette Neary, James Sheppard (YI Rep)

Administration: Jackie Howarth



Blood Pressure Measurement Working Party

- Virtual meeting arranged for 27 October to review the future of the Validation Service
- AIM-BP initiative including collaboration on best practice in BP measurement including validation registries
- ABPM and remote monitoring: update on the effects of the COVID-19 pandemic: WP Chair engaged with NHSE/I working to promote self-monitoring in the setting of reduced F2F clinics
- JHH publications
 - Kinetik validation paper (submitted awaiting publication) – Claire Schwartz
 - Reister validation paper (under BIHS review) – Ryan McNally
 - COVID-19 (submitted awaiting publication) – Chris Clark





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Educational Programmes Working Party

Chair:

Mike Okorie

Working Party Members:

Matt Fay, Adam Greenstein, Vikas Kapil, Sinead McDonagh, Carmel McEniery (Exec Rep),
Carlos Valencia-Hernandez, Alison Warren

Administration: Jackie Howarth



Outline

- Membership
- Future delivery of educational programmes
- BIHS Education Ambassador Programme
- Recent Educational Activity
- BIHS Collaborations

Membership

Working Party Members

Matt Fay – GP

Adam Greenstein - Physician

Vikas Kapil – Physician

Sinead McDonagh - Research Scientist

Carmel McEniery (Exec Rep) - Research Scientist

Mike Okorie (Chair) – Physician

Carlos Valencia-Hernandez – Public Health Physician/Epidemiologist

Alison Warren – Pharmacist

Administration: Jackie Howarth



Future delivery of Educational Programmes

- Post COVID-19 Era – ‘New normal’
- Blended approach to teaching and learning
- Main focus is on the development of virtual educational activity

BIHS Education Ambassador Programme

- January 2020 – Pilot completed
- March 2020 – Advert for education ambassadors
- May 2020 – EPWP meeting
- Nov 2020 – Re-launch

Recent educational activity

- OMRON Academy Vietnam module review
- Public Health Foundation of India module review
- RCP Specialty series webinar: Cardiology
- BIHS Paediatric Webinars
- Others



Collaborations

- RCP – Teach in Feb 2020
- Renal Denervation Meeting – Oct 2020
- ESH/ISH Joint Congress – BIHS Primary Care Symposium – April 2021
- World Congress of Basic & Clinical Pharmacology – July 2022
- British Pharmacological Society; British Cardiovascular Society; British Journal of Primary Care Nursing; BHF/SA/RPS; Public Health England; Primary Care & Public Health; BP UK

Conclusion

- Embrace the ‘new normal’
- Explore opportunities
- Focus on virtual teaching and learning
- BIHS ASM in Brighton September 2021
- Keep BIHS Educational Programmes prominent





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Research Network Working Party

Chair:

Christian Delles

Working Party Members:

Chris Clark, Franco Cappuccio, Indranil Dasgupta, Mark Glover, Paul Leeson, Isla Mackenzie,

Carmel McEniery, Tom MacDonald, Una Martin, Paul Robinson

Administration: Jackie Howarth



- **Existing / Ongoing Research**

- **Fibromuscular Dysplasia Registry** - Recruitment of FMD patients into the national rare renal disease ([RADAR](#)) portfolio – Una Martin
- **BP Drug Screening in the Elderly** – James Sheppard
- **HyperEcho** - Identify novel cardiovascular imaging phenotypes in young adults – Paul Leeson
- **TIME** – Morning vs Evening dosing - Tom MacDonald
- **AIM-HY** – Ancestry and Biological Informative Markers in the stratification of hypertension – Phil Chowienczyk
- **EVIDENCE** – Evaluating diuretics in normal care - Tom MacDonald
- **RECALL** (Previously TRYPOD) – Dementia Study led by Tony Heagerty

- **BHF Clinical Research Collaborative (CRC)**

- Now underway and initial IT systems are in place. BIHS has joined the second wave of integration of collaborating organisations and will join the next Steering Group meeting on 6 November.

- **Strategic Review**

- Suggestions for a suitable topic for a large BIHS network study are invited
- Aim to be more proactive in offering support to BIHS members for their individual studies
- To utilise the facilities offered by the BHF CRC in future research projects
- Research placements for Young Investigators





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Nurses/AHP Working Party

Chair:

Joanne Loades

Working Party Members:

Ali Albasri, Liz Denver, Joanne Henry, Judith Magowan, Catriona Murphy,
Michaela Nuttall, Sam Olden, Alison Phinn, Paul Robinson, Naomi Stetson

Administration: Jackie Howarth



- Nurse competencies in Hypertension
- Education
 - CPD Webinars will be developed in collaboration with the Educational Programmes WP
 - PHE CVD Leadership Forum
 - Learning Outcomes – updates in progress
- Pharmacy-led Hypertension Care – position statement in progress
- Malawi – BIHS will continue to support Lucia Mbulaje’s work until 2021, giving her time to source alternative funding. Her MSc is due for completion this year.





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Young Investigator Network Working Party

Chair:

Luca Faconti (Exec Rep)

Working Party Members:

Sinead McDonagh, Carmen Maniero, Ryan McNally, James Sheppard,

Hannah Taylor, Carlos Valencia, Helen Warren

Administration: Jackie Howarth



- A joint YI Session is still planned for the ESH/ISH congress in Glasgow 2021
- Mentoring Clinic at 2021 ASM – YI's will be able to book a mentoring session with a senior member during the ASM
- Networking with ISH, HBRCA, Hypertension Canada, Italian Hypertension Society (SIIA)
 - Collaborative survey and article focusing on challenges for career progression encountered by YIs working in hypertension – HBPRCA & SIIA and possibly ISH
 - Developing possible exchange with Hypertension Canada
- Placement programme (including mentoring)
 - Placements have been suspended due to the COVID-19 pandemic but will be resumed as soon as possible.
- BIHS Social media posts are now handled by Carlos Valencia





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Irish Working Party

Chair:

Adrian Brady

Working Party Members:

John Cox, Eamon Dolan, Una Martin, Terry McCormack, Catriona Murphy,

Annette Neary, Alice Stanton



- **Education**

Plans to run two more study days in 2020 (Galway, Lynmouth/Kilarney) are currently on hold due to the COVID-19 pandemic. The Nurses/AHP WP has offered support and input to deliver the programmes. The study days will be run as soon as possible.

- **Cardiovascular Disease: Prevention in General Practice**

The Irish College of General Practitioners is due to publish its updated guideline this year. John Cox, Iain Graham and Adrian Brady are the authors.

- **Strategic Review**

Plans to reinvigorate the WP have been hampered by the pandemic but will be renewed as we return to normal.





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