



2026

45TH ANNUAL SCIENTIFIC MEETING

PROGRAMME

14-15 SEPTEMBER 2026
The Spine, Liverpool



bihs.org.uk

Programme

Monday 14 September 2026

Main Sessions

9.15am-10.50am

Session 1: Top ranked ECR abstracts (Mark Glover award)

- Opening Address
- Visiting Prize Winner' Abstract
- Abstracts

Parallel Sessions

10.50am-11.25am

Exhibition, Posters and Refreshments

11.25am-12.40pm

Session 2: Hypertension and Co-morbidities: Lipids – Renal - Stroke

- Dyslipidaemia: Targeting LDL-c and residual CV risk beyond LDL-c
- CKD & HFpEF: Optimising Prevention and Treatment of cardiorenal disease
- HTN and AF/Stroke
- Q&A/Panel discussion

11.20am-12.35pm

Parallel 1: ECR Session

12.40pm-2.15pm

Sponsored Symposiums, Exhibition, Posters and Lunch

2.15pm-3.15pm

Session 3: Complex case management and case studies

- Case Study 1
- Case Study 2
- Case Study 3

2.15pm-3.15pm

Late Breakers/Open Abstracts

3.15pm-3.30pm

ECR Poster Storm (60 second presentations)

3.30pm-5pm

Posters, Refreshments and Exhibition

5pm-6pm

Annual General Meeting (BIHS members only)

From 7.30pm

Drinks Reception and Conference Dinner

Programme

Tuesday 15 September 2026

Main Sessions

Parallel Sessions

9.00am-10.15am

Session 4: Top ranked EMCR abstracts (Mark Glover award)

10.15am-10.40am

Exhibition, Posters and Refreshments

10.40am-11.55am

Session 5: New Technology in Hypertension: AI / Digital / Wearables

- BIHS Technology Summit: Future Directions
- AI risk prediction techniques
- Digital Health Innovation - Devices
- Q&A/Panel discussion

10.40am-11.40am

Parallel 3: Open Abstracts

- Open Abstracts

11.55am-12.40pm

Chair: Ian Wilkinson

Sir George Pickering Lecture

12.40pm-2.10pm

Sponsored Symposiums, Exhibition, Posters and Lunch

2.10pm-3.25pm

Session 6: Hypertension and Lifestyle: Obesity / Salt / Exercise

- Epidemiology, mechanistic and trial expertise in diabetes, obesity and CVD
- How Salt reduction guidelines have impacted policy guidelines
- Exercise: isometrics and hypertension
- Q&A/Panel Discussion

3.25pm-3.45pm

Exhibition, Posters and Refreshments

3.45pm-5.00pm

Session 7: Clinical Trials and Latest Research

- New Phoenix Trial
- A Year in Hypertension
- Hypertension Care: Detection, Treatment & Targets

5.00pm-5.15pm

Prize Giving and Closing Remarks

Chair: Professor Ian Wilkinson