

BIHS Annual Scientific Meeting 2025

29-30 September

Churchill College, Cambridge

Programme

Programme

Monday 29 September 2025

Main Sessions

9.15am-10.45am

Session 1: Top ranked EMCR abstracts (Mark Glover award)

- Opening Address
- Abstracts
- Visiting Prize Winner' Abstract

10.45am-11.15am

Exhibition, Posters and Refreshments

11.15am-12.30pm

Session 2: Genetics of Hypertension

- Genetics of Hypertension – Where are we today? - *Patricia Munroe*
- Applications and Utility of Blood Pressure Polygenic Risk Scores - *Helen Warren*
- Genetic imputation of kidney transcriptome and proteome and their contribution to hypertension - *Allen Xu*

Parallel Sessions

11.15am-12.30pm

Parallel 1: EMCR

- Welcome: Why should you join the BIHS as an ECR? - *Ryan McNally*
- Research Opportunities in Hypertension - *Mark Caulfield*
- Dealing with career adversity: Not every career journey is an easy ride - *Manish Sinha*
- Hear from the BIHS President: Hypertension as a specialty - *Ian Wilkinson*
- Interactive Q&A Session - *Carmel McEniery and Phil Chowienczyk*

12.45pm-1.10pm - Symposium Session

1pm-2pm - Exhibition, Posters and Lunch

1.35pm-2pm - Symposium Session

2pm-3.15pm

Session 3: Open Abstracts

- Abstract Presentations

2pm-3.15pm

Parallel 2: Resistant Hypertension

- BIHS Guidelines - *Luca Faconti*
- Submitted case studies

3.15pm-3.35pm

Poster Presentations

- EMCR Poster Storm
- Stanley Peart Prize winner

3.30pm-5pm

Moderated Poster Session

Refreshments and Exhibition

5pm-6pm

Annual General Meeting (BIHS members only)

From 7pm

Drinks Reception and Conference Dinner

This programme is subject to change

'44th Annual Scientific Meeting' has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 14 category 1 (external) CPD credits. (code: 152582) NB: Credits have only been awarded for educational content, credits are not awarded for sponsored symposium sessions

Programme

Tuesday 30 September 2025

Main Sessions

9.00am-10.15am

Session 4: Top ranked EMCR abstracts (Mark Glover award)

10.15am-10.45am

Exhibition, Posters and Refreshments

10.45am-11.45pm

Session 5: Blood pressure management in Frailty

- Management of blood pressure in patients with frailty - *Jane Masoli*
- Management of hypertension in patients with symptomatic postural hypotension - *Chris Clark*
- Deprescribing antihypertensive medication in older adults - *James Sheppard*

Parallel Sessions

10.45am-11.45pm

Parallel 3: Open Abstracts

- Open Abstracts
- Visiting Prize Winner' Abstract

11.45pm-12.45pm

Sir George Pickering Lecture

12.45pm-1.10pm - **Lunchtime Symposiums**

1pm-1.50pm

Exhibition, Posters and Lunch

1.50pm-2.15pm - **Symposium Session**

2.15pm-3.15pm

Session 6: Ethnicity and hypertension: Results from the AIMHY project

- Introduction to AIMHY - *Phil Chowienczyk*
- AIMHY Mono Trial - *Luca Faconti*
- AIMHY Dual Trial - *Ian Wilkinson*

2.15pm-3.15pm

Parallel 4: Open Abstracts

3.15pm-3.45pm

Exhibition, Posters and Refreshments

3.45pm-4.45pm

Session 7: Latest research in hypertension

- A year in Hypertension - *Anthony Heagerty*
- New drugs for hypertension coming to market - *Manish Saxena*
- BiOmArkers in Urine, anTihypeRtensive trEAtment and blood pressure Control in Hypertensive patients – The OUTREACH Study - *Pankaj Gupta*

4.45pm-5pm

Prize Giving and Closing Remarks

Chair: Ian Wilkinson

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