

BIHS Annual Scientific Meeting 2026

Case Study Submission Guidance for Authors

BIHS invites the submission of clinically relevant case studies that highlight diagnostic challenges or innovative management strategies in hypertension. We also strongly encourage submissions from AHPs showcasing examples of service transformation and implementation in hypertension, particularly where these strengthen links between primary and secondary care and demonstrate innovative planning and delivery of care.

Scope and Eligibility

We welcome case studies and service-focused submissions addressing, but not limited to:

- Diagnostic challenges in hypertension
- Monogenic causes of hypertension
- Hypertension in specific populations (e.g. young adults, pregnancy, ethnicity-related considerations)
- Innovative management strategies or treatment pathways
- Service transformation initiatives (e.g. virtual clinics, community diagnostics, pharmacist- or nurse-led models)
- Examples improving integration between primary and secondary care

Submissions are welcomed from consultants, trainees, nurses, pharmacists, and other allied healthcare professionals working in hypertension care.

Ethical Considerations

- All submissions must be fully anonymised.
- No identifiable patient data should be included.

Submission Structure

Submissions should be anonymised. The authors' names should be included in the Word document but submitted separately through the BIHS submission portal. The document should be structured as follows:

- **Title**
- **Main Body:** summarising the clinical case, service transformation, or innovation example (maximum 500 words)
- **Key Learning Points / Considerations:** 3–5 concise bullet points highlighting the main learning objectives or implementation insights relevant to wider practice